

CODE BLUE

(Cardiac Arrest/Medical Emergency – Adult)

Reviewed October 2018

INTRODUCTION

A **Code Blue** (cardiac arrest/medical emergency - adult) is initiated when a suspected cardiac arrest has occurred.

GENERAL INSTRUCTIONS TO ALL STAFF

- Upon finding any unresponsive individual, notify medical personnel (physician/nurse) immediately.
- Stay with the individual and initiate basic life support, if trained.
- Non-medical personnel are to assist until medical personnel arrive.
- All staff must sign the Emergency Code Participation Record for any Code (drill or actual).

INDIVIDUAL RESPONSIBILITIES:

Nurse

- Confirm cardiac arrest/medical emergency + DNR status
- Ensure ACLS guidelines are being followed.
- Ensure that switchboard has been notified to announce Code Blue.
- Maintain order.
- Initiate **Code Blue** as per nursing policies and procedures.
- Complete a formal [Codes Evaluation Form](#) and forward to the Manager of Support Services (administration).

Switchboard

When notified of a **CODE BLUE**, announce the following over the PA system:

Attention please, attention please
Code Blue – specific area
Code Blue – specific area
Code Blue – specific area

Example:

Attention please, attention please
Code Blue – Room 303 LTC
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